18th Regional Osteoporosis Conference
6 – 7 May 2017 (Sat – Sun)
Hong Kong Convention and Exhibition Centre

Advancing the Management of Osteoporosis in the Community

Programme Highlights
- Who, When and How to Treat Osteoporosis?
- How Long to Treat Osteoporosis?
- Lifestyle Management of Osteoporosis
- Practical Consideration in Medical Treatment of Osteoporosis
- The Role of Family Physicians in the Management of Osteoporosis
- Calcium & Vitamin D
- Screening of Osteoporosis in the Community
- Secondary Prevention of Fragility Fracture
- How to Manage Osteopenia?
- Interactive Case Discussion on Common Controversies

Submit Abstracts & Register NOW at www.oshk.org.hk
Deadline for Abstract Submission & Early-Bird Registration:
18 April 2017

Accreditation
CME/ CPD/ CNE Points will be applied.

Organized by:
OSHK
The Osteoporosis Society of Hong Kong

Co-organized by:

For Enquiry:
ROC 2017 Conference Secretariat
c/o International Conference Consultants Ltd.
Tel: (852) 2559 9973
Email: roc2017@icc.com.hk
Welcome Message

Dear colleagues and friends,

We are most delighted to announce that the 18th Regional Osteoporosis Conference (ROC 2017) will be held on 6-7 May 2017 at the Hong Kong Convention and Exhibition Centre.

Riding on the great success of the past Regional Osteoporosis Conferences, this year the Osteoporosis Society of Hong Kong (OSHK) is honoured to co-organize the Conference with The Hong Kong College of Family Physicians (HKCFP).

The theme of this year’s Conference is “Advancing the Management of Osteoporosis in the Community”. The Organizing Committee of ROC 2017, chaired by Dr. Joanne LAM, has been working hard preparing an attractive scientific programme. Renowned local and regional speakers will join together to share their experience and deliver state-of-the-art lectures in various aspects related to osteoporosis, including screening, drug and lifestyle management of osteoporosis in the community, the role of family physicians, secondary prevention of fragility fracture, and the management of osteopenia. There will also be an interactive case discussion session as one of the highlights this year. We are confident that participants will gain much knowledge and skills through learning from the experts and exchanging ideas during the conference.

Entering its eighteenth year, the annual Regional Osteoporosis Conference will certainly be a rewarding and enjoyable chance to hear about updates on Osteoporosis. Come and explore this unforgettable experience in Hong Kong!

Dr. Eddie SL CHOW
President
The Osteoporosis Society of Hong Kong

Dr. Hung-sang NG
President
The Hong Kong College of Family Physicians

Organizing Committee

Chairperson: Dr. Joanne LAM
Members: Dr. Benjamin AU YEUNG
Dr. Ching-Lung CHEUNG
Dr. William CHEUNG
Dr. Patrick CHIU
Dr. Eddie CHOW
Dr. Andrew Yiu-Yan HO
Dr. Carmen HO
Dr. Tai-Pang IP
Dr. Priscilla WONG, Associate Consultant, Department of Medicine and Therapeutics, Prince of Wales Hospital
Dr. Arisina MA, Resident Specialist, Department of Medicine and Geriatrics, United Christian Hospital
Dr. Jenny LEUNG, Consultant, Department of Integrated Medical Service, Ruttonjee Hospital
Dr. Ka-Kui LEE, Honorary Clinical Assistant Professor, Department of Medicine, The University of Hong Kong
Dr. Joanne LAM, Associate Consultant, Department of Medicine, Queen Mary Hospital
Dr. Tai-Pang IP, Consultant, Department of Medicine, Tung Wah Hospital
Dr. Eddie CHOW, Consultant, Department of Medicine and Geriatrics, Tuen Mun Hospital
Dr. Patrick CHIU, Consultant, Queen Mary Hospital
Dr. Grace WONG, Senior Doctor, Family Planning Association of Hong Kong
Dr. Donato AGNUSDEI, Italy
Dr. Ching-Lung CHEUNG, Assistant Professor, Department of Pharmacology and Pharmacy, Centre for Genomic Sciences, The Chinese University of Hong Kong
Dr. Anthony KWOK, Deputy Director, Musculoskeletal Medicine & Rehabilitation Programme, The Chinese University of Hong Kong
Dr. Arisina MA, Resident Specialist, Department of Medicine and Geriatrics, United Christian Hospital
Dr. Jenny LEUNG, Consultant, Department of Integrated Medical Service, Ruttonjee Hospital
Dr. Ka-Kui LEE, Honorary Clinical Assistant Professor, Department of Medicine, The University of Hong Kong
Dr. Joanne LAM, Associate Consultant, Department of Medicine, Queen Mary Hospital
Dr. Tai-Pang IP, Consultant, Department of Medicine, Tung Wah Hospital
Dr. Yu-Cho WOO, Consultant, Department of Medicine, The University of Hong Kong

Deadline for Abstract Submission: 18 April 2017

Call for Abstracts

Abstracts will be selected for oral presentation, poster presentation and interactive case discussion. Please download the Abstract Submission Form at www.oshk.org.hk.

Your experience or research findings will provide valuable insight that can inspire innovative ideas to other participants.
Programme

6 May 2017 (Saturday)

11:30 Registration
12:30 – 14:00 Amgen Lunch Symposium
   Topic & Speaker: To be announced
14:00 – 14:30 Opening Ceremony
14:30 – 15:30 Session 1
   • Who, When and How to Treat Osteoporosis?
     Dr. Yu-Cho WOO, Consultant, Department of Medicine, The University of Hong Kong
   • How long to Treat Osteoporosis?
     Dr. Tai-Pang IP, Consultant, Department of Medicine, Tung Wah Hospital
15:30 – 16:00 Coffee / Tea Break
16:00 – 17:20 Session 2
   • Lifestyle Management of Osteoporosis - Diet
     Speaker: To be announced
   • Lifestyle Management of Osteoporosis - Exercise
     Dr. Anthony KWOK, Deputy Director, Musculoskeletal Medicine & Rehabilitation Programme, The Chinese University of Hong Kong
   • Practical Consideration in Medical Treatment of Osteoporosis
     Dr. Eddie CHOW, Consultant, Department of Medicine and Geriatrics, Tuen Mun Hospital
18:00 – 21:00 Faculty Dinner (By Invitation Only)

7 May 2017 (Sunday)

09:00 Registration
10:00 – 11:15 Session 3: Joint OSHK and HKCFP Symposium
   • The Role of Family Physicians in the Management of Osteoporosis
     Prof. Regina SIT, Assistant Professor, Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong
   • Calcium & Vitamin D
     Dr. Ching-Lung CHEUNG, Assistant Professor, Department of Pharmacology and Pharmacy, Centre for Genomic Sciences, The University of Hong Kong
   • Screening of Osteoporosis in the Community
     Dr. Vivian MA, Associate Consultant (Nuclear Medicine), Department of Radiology, Queen Mary Hospital
11:15 – 11:45 Coffee / Tea Break
11:45 – 12:30 Session 4: Eli Lilly Symposium
   • Secondary Prevention of Fragility Fracture: Focus on Bone Strength
     Dr. Donato AGNUSDEI, Italy
12:30 – 14:00 Amgen Lunch Symposium
   Topic & Speaker: To be announced
14:00 – 15:30 Session 5
   • How to Manage Osteopenia?
     Dr. Grace WONG, Senior Doctor, Family Planning Association of Hong Kong
   • Interactive Case Discussion on Common Controversies
     Dr. Patrick CHIU, Consultant, Queen Mary Hospital
     Dr. Eddie CHOW, Consultant, Department of Medicine and Geriatrics, Tuen Mun Hospital
     Dr. Tai-Pang IP, Consultant, Department of Medicine, Tung Wah Hospital
     Dr. Joanne LAM, Associate Consultant, Department of Medicine, Queen Mary Hospital
     Dr. Ka-Kui LEE, Honorary Clinical Assistant Professor, Department of Medicine, The University of Hong Kong
     Dr. Jenny LEUNG, Consultant, Department of Integrated Medical Service, Ruttonjee Hospital
     Dr. Arisina MA, Resident Specialist, Department of Medicine and Geriatrics, United Christian Hospital
     Dr. Priscilla WONG, Associate Consultant, Department of Medicine and Therapeutics, Prince of Wales Hospital
18:00 – 21:00 Dinner (By Invitation Only)

Call for Abstracts

The Organizing Committee of 18th Regional Osteoporosis Conference 2017 (ROC 2017) cordially invites prospective authors to submit abstracts for poster presentations during the Conference. Your experience or research findings will provide valuable insight that can inspire innovative ideas to other participants. Please download the Abstract Submission Form at www.oshk.org.hk.

Deadline for Abstract Submission: 18 April 2017
**REGISTRATION FORM**

Please complete this form and return it with the appropriate payment to:

**ROC 2017 Conference Secretariat, c/o International Conference Consultants Ltd.**  
Office Address: Unit C-D, 17/F, Max Share Centre, 373 King's Road, North Point, Hong Kong  
Tel: (852) 2559 9973  Fax: (852) 2547 9528  Email: roc2017@icc.com.hk  
Register ONLINE: www.oshk.org.hk  

**A. PERSONAL INFORMATION**  
*Mandatory Fields*  
(Please type or print in block letters and ✓ where appropriate)

Title:*  
☐ Prof.  ☐ Dr.  ☐ Mr.  ☐ Mrs.  ☐ Ms.  ☐ Others, please specify ____________________________

Last Name:* ____________________________  First Name:* ____________________________

Position:* ____________________________  Department:* ____________________________

Organization:* ____________________________________________________________

Address:* ____________________________  City/Region/State: ____________________________  Postcode:* ____________________________  Country:* ____________________________

Tel:* (country code) (area code) number  Fax:* (country code) (area code) number  E-mail:* ____________________________  (Email is required for further communication.)

Dietary Requirement:  
☐ Vegetarian  ☐ Allergic to Food (Please specify: ____________________________)

☐ Please send me hotel accommodation information in Hong Kong.

**B. REGISTRATION FEE**

<table>
<thead>
<tr>
<th>Registration Category</th>
<th>Local Delegates</th>
<th>Overseas Delegates</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Member ♠</td>
<td>Non-Member</td>
</tr>
</tbody>
</table>

Registration Deadline: 28 April 2017  

Early Bird: On or before 18 April 2017  
☐ HK$300  ☐ HK$600  ☐ HK$800 (USD105)

Regular: After 18 April 2017  
☐ HK$400  ☐ HK$900  ☐ HK$1,100 (USD145)

Total: HK$

♠ I am a:  
☐ member of OSHK  ☐ member / fellow / trainee of HKCFP

**C. PAYMENT DECLARATION**

All the payments are in Hong Kong dollars only. I hereby agree to be bound by the rules and regulations of the Conference and would like to settle the payment (Part B) in HK$________________ by:

☐ Cheque payable to “International Conference Consultants Ltd.” (for Hong Kong Participants only)

☐ Credit Card:  
☐ VISA  ☐ MasterCard  (Signature should be same as the one on the card.)

Card Number: ___________-___________-___________-___________  Expiry Date (MM/YY): ___________  
Name of Cardholder: ____________________________________________

Signature: ____________________________  Date: ____________________________

Contact Email: ____________________________  Contact Phone Number: ____________________________

If you are not using personal credit card to pay, please fill in the contact details of that cardholder.

**Rules and Regulations (Registration):**

1. Each registrant should complete a separate registration form.
2. All the payments are in Hong Kong Dollars only. Exchange rate is for reference only (approximately US$1 = HK$7.75).
3. Registration form without payment will NOT be processed. Please do NOT send cash.
4. Conference Secretariat will send a letter of confirmation by email upon receipt of your registration form and full payment. Kindly check the letter of confirmation. Any changes or alterations must be made in writing to the Conference Secretariat.
5. The programme is subject to change without prior notice. In the event of cancellation of the Conference, the only liability of the Organizers is to refund all the fees paid.  
6. All enquiries, changes and cancellations should be made in writing to the Conference Secretariat. No refund of registration fee after payment.
7. The information on this Form is to assist us in preparing your participation in the Regional Osteoporosis Conference and other activities of the OSHK. All the information you provide will be restricted to the Organizers, Conference Secretariat and other related working parties. If you do not wish such information to be used for future communication purposes, please inform the Conference Secretariat by writing. You also have the right of access and correction with respect to your personal data held by us. If you wish to exercise these rights, please contact the Conference Secretariat.