

# AFO 2017

Organised by



Asian Federation of  
Osteoporosis Societies

Co-Hosted by

PERSATUAN  
**OSTEO**  **POROSIS**  
Malaysian Osteoporosis Society

Supported by



## The 5th Scientific Meeting of the Asian Federation of Osteoporosis Societies **2017**

6th – 8th October 2017 • Hilton Kuala Lumpur, Malaysia

Theme: *Best Practices, Future Directions.*

**CPD Points  
Will Be  
Awarded**

### KEYNOTE SPEAKERS



#### Professor Dr Peter Ebeling

Head of the Department of Medicine  
in the School of Clinical Sciences at  
Monash Health.



#### Professor Dr Serge Ferrari

Full Professor of Medicine at the  
Geneva Faculty of Medicine and  
Head of the Service of Bone Diseases  
of the Geneva University Hospital.

### CALL FOR ABSTRACT

Successful abstracts will be published in the highly  
respected AFOS Journal of Osteoporosis &  
Sarcopenia. Submission must be done online via  
[www.afos2017malaysia.com](http://www.afos2017malaysia.com).

### YOUNG INVESTIGATOR AWARD (Free Paper Oral Presentations)

- Award will be given to the Best Free Paper Oral Presentations.
- Presenter must be the first author of the research.
- Presenter must be below age of 40 on 31st December 2017.

### BEST POSTER AWARD (Free Paper Poster Presentations)

- Award will be given to the Best Poster Presentations.
- Presenter must be present by his/her poster for judges' evaluation.

### TRAVEL GRANT For Young Trainees

Successful trainees will be awarded a USD500  
travel grant. Find out more at our conference  
website.

**Deadline: 5.00pm, 30th June 2017**

### FACULTY

Dr Matin Mellor ABDULLAH, Malaysia  
Dr Tanawat AMPHANSAP, Thailand  
Dr Seng Bin ANG, Singapore  
Dr Siew Pheng CHAN, Malaysia  
Dr Manju CHANDRAN, Singapore  
Dr Natthinee CHARATCHAROENWITTHAYA, Thailand  
Dr Winnie CHEE, Malaysia  
Dr Tien-Tsai CHENG, Taiwan  
Dr Ching-Lung CHEUNG, Hong Kong  
Dr Siok Bee CHIONH, Singapore  
Dr Yong Jun CHOI, Korea  
Dr Chee Seang CHONG, Malaysia  
Dr Peter EBELING, Australia  
Dr Serge FERRARI, Switzerland  
Dr Fen Lee HEW, Malaysia  
Dr Angela Wing Hang HO, Hong Kong  
Dr Jawl-Shan HWANG, Taiwan  
Dr Tai-Pang IP, Hong Kong  
Dr Bom Taeck KIM, Korea

Dr Tang Ching LAU, Singapore  
Dr Dong Ock LEE, Korea  
Dr Julie Tan LI-YU, The Philippines  
Dr Mastura MD YUSOF, Malaysia  
Dr Leilani B. MERCADO-ASIS, The Philippines  
Dr Alenjandro V. PINEDA JR, The Philippines  
Dr Chanika SRITARA, Thailand  
Dr Atsushi SUZUKI, Japan  
Dr Akira TAGUCHI, Japan  
Dr Yasuhiro TAKEUCHI, Japan  
Dr Alexander Tong Boon TAN, Malaysia  
Dr Keh-Sung TSAI, Taiwan  
Dr Paulo Chih-Hsing WU, Taiwan  
Dr Weibo XIA, China  
Dr Bu Beng YEAP, Australia  
Dr Swan Sim YEAP, Malaysia  
Dr Wei YU, China  
Dr Ling-Qing YUAN, China  
Dr Hua YUE, China

### WE WELCOME

- Endocrinologists
- Orthopaedic Surgeons
- Rheumatologists
- Obstetricians & Gynaecologists
- Oncologists
- Physicians / General Practitioners
- Trainees / MO
- Nurses
- Dietitians
- Nutritionists
- Radiographers
- Allied Health Professionals and anyone involved in the management of patient with osteoporosis

## DAY 1 - FRIDAY (6th October 2017) \*Subject to change.

Introduction and welcome		
Plenary 1 – Osteoporosis – Disease burden and treatment gap		
Plenary 2 – Unmet need and practical strategy to find the under-diagnosed osteoporotic patients		
Opening ceremony		
Tea break & exhibit visit		
Symposium 1 – Nutrition, calcium and vitamin D: Issues, controversies		Symposium 2 – Therapeutics – Part 1
Calcium – What do we recommend our patients?	Bisphosphonates	
Vitamin D – Is it really necessary?	Denosumab	
Role of macronutrients – Functional foods and beyond	Anabolic therapies	
Q & A	Q & A	
Lunch symposium		
Meet the expert 1A	Meet the expert 1B	Meet the expert 1C
Symposium 3 – Imaging – Beyond bone density	Symposium 4 – Bone biology and biomechanics	Free paper oral presentations 1
What is finite element analysis and its clinical application	Epigenetics of bone development	
Bone markers in fracture risk prediction	Signaling in bone	
Utility of TBS	Bone biomechanics – Skeletal determinants of fracture risk	
Q & A	Q & A	
High-tea symposium		

## DAY 3 - SUNDAY (8th October 2017) \*Subject to change.

Breakfast symposium by A. Menarini		
Meet the expert 4A	Meet the expert 4B	Meet the expert 4C
Plenary 8 – Therapies past and present – Guiding future directions		
Symposium 9 – OP – Hormonal therapies	Symposium 10 – OP – Special situations	Symposium 11 – Surgical management
Role of HRT	Chronic kidney disease	Management of painful vertebral fracture
SERMs	GIOP	Hip fracture – Typical and atypical
Testosterone therapy	Pregnancy induced osteoporosis	Fracture fixation with augmentation
Q & A	Q & A	Q & A
Tea break & exhibit visit		
Presentation of awards – Young investigator award & best poster award		
Plenary 9 – Osteoporosis – New algorithm: Treating to target		
Lunch symposium by Amgen		
Fracture liaison service workshop by Amgen		

## MEET-THE-EXPERT SESSIONS

- Physical activity – What works? What's safe?
- Orthogeriatric care model – Preventing the next fracture
- Controversy of calcium supplementation
- Monitoring response to treatment – To scan or not to scan
- Glucocorticoid-induced osteoporosis – Difficult cases
- ONJ – Guidelines
- Clinical utility of TBS
- FRAX – Update on utility
- Thyroid disease / Parathyroid disease and bone health
- Andropause debunking the myth
- Sarcopenia: The way forward

## DAY 2 - SATURDAY (7th October 2017) \*Subject to change.

Breakfast symposium		
Meet the expert 2A	Meet the expert 2B	Meet the expert 2C
Plenary 3 – Diabetoporosis and obesity		
Plenary 4 – Inflammatory disorders and the skeleton		
Tea break & exhibit visit		
Symposium 5 – Therapeutics – Part 2	Symposium 6 – Sarcopenia	Free paper oral presentations for Young Investigator Award
Recognizing treatment failure	Sarcopenia & frailty - Is it inevitable?	
Bisphosphonate – Balancing risks & benefits	Frailty screening tools	
Drug holiday – Getting to grips	Nutrition and exercise – Maintaining intrinsic capacity	
Q & A	Q & A	
Plenary 5 : Update on ONJ		
Lunch symposium (poster viewing / judging)		
Symposium 7 – Mandarin symposium	Meet the expert 3B	Meet the expert 3C
	Symposium 8 – Cancer and bone	Free paper oral presentations 2
	Cancer and bone – Fatal attraction	
	Cancer-treatment induced bone loss (CTIBL) – Size of the problem?	
	CTIBL – Prevention and management: New standard of care	
Q & A	Q & A	
Tea break & exhibit visit		
Plenary 6 – Bone, genes and fractures: Update on genetics of osteoporosis		
Plenary 7 – Tumor induce osteomalacia		

## REGISTRATION FEES

	Malaysian Delegates		Overseas Delegates
	Allied Health Professional / Pharmacist / Trainee*	Doctor / Specialist	
<b>Early Bird</b> (Before 1 <sup>st</sup> July 2017)	MYR 800	MYR 900	USD 350
<b>Post-Early Bird</b> (2 <sup>nd</sup> July 2017 until 15 <sup>th</sup> September 2017)	MYR 900	MYR 1,100	USD 400
<b>Onsite</b> (After 16 <sup>th</sup> September 2017)	MYR 1,100	MYR 1,300	USD 450

- Registration Fees includes access to all scientific sessions and exhibition areas, lunch, tea breaks and conference collaterals.
- To be eligible for Trainee rates, trainees are required to submit documentary evidence of their status (Letter by Head of Department) during the online registration. Without this documentation, normal Malaysian Doctors / Specialists rate will be applied.



[www.afos2017malaysia.com](http://www.afos2017malaysia.com)



[www.facebook.com/5thAFOS2017](https://www.facebook.com/5thAFOS2017)

### CONFERENCE SECRETARIAT

ASIAN FEDERATION OF OSTEOPOROSIS SOCIETIES (AFOS)

c/o MEDICAL CONFERENCE PARTNERS

P1-2-1, Andalucia, Pantai HillPark, Jalan Pantai Permai, Bangsar South, 59200 Kuala Lumpur, Malaysia.

Tel : +603 2242 0902 | Fax : +603 6207 6795

Email : [secretariat@afos2017malaysia.com](mailto:secretariat@afos2017malaysia.com)